Things to do in Umeå, Vindeln and Storsandsjö

To make it a little bit easier for you to explore what the area has to offer we have made this list with a lot of options. Some with links where you can read more. Below you find the same activities as in the survey. We cannot promise that everything you wish will be done, but we promise to do our very best.

We have already decided to carry out some of the activities together.

SMÖRGÅSBORD

These are the headings

- Spending time with host family, daily life, translation apps
- Live music & song event, The endless journey, Saturday July 12, Mariakören, Öppna Kören and soloist Eva Plumppu from Luleå
- Vindelns church Sunday July 13, Church service
- Reunion tours - Spinnel-Annas homested, Vindelns church, walking downtown Umea
- Umeå city - explore
- Vindeln city - explore
- Tours - by ferry, walking etc.
- Museums - ancient living, power plant, guitars
- Live music
- Barbeque - potluck - picnic
- Handicrafts
- Adventures - rafting, moose farm, canoe etc.
- Hiking
- Amusement - gocart, billiard etc
- Archeology - viking ship launch
- Industry visits
- Science - University
- Sports - golf, swimming, biking, etc.
- Restaurants

Spending time with host family

- Spending time with host family, taking part in their daily life. Using good translation apps will make it easier to understand eachother.

Live Music & Song event The endless journey
Together Saturday July 12th: Attending Performance by Maria choire and soloist Eva Plumppu from Luleå, Saturday 12 July, time: 15-16.15 in Vasachurch in Umeå. The live music event “The endless journey” tells, in singing and stories, (in Swedish and in English), about the historical episode with extensive emigration from Sweden to North America during 1800-1900. The Church of Sweden is a co-organizer.

REUNION TOURS

- Together Sunday July 13th: Guided tour “In Spinnel-Anna foot prints” including stop in Västerhiske, Tavelsjö, Storsandsjön, Vindeln. Church of Vindelns service and Pleasant Family-dag at Storsandsjö. To Hjuken and then back to Vindeln for dinner. Full day
- Guided tour in English, “Väven-The Weave” is a platform for culture and experiences in Umeå, https://www.vaven.se/eng/about-vaven.html 2 hours
- Guided tour in English – walking downtown Umeå – the city from an environmental point of view, 2 hours

UMEÅ CITY

- Visit Umeå – https://visitumea.se/sv
- Umeå älvdal - https://umealvdal.se/

VINDELN CITY

- Visit Vindeln - https://www.visitvindeln.se/en
- Vindeln ancient Mill, café / lunch - https://www.visitvindeln.se/en/cafe-mjolnaren

TOURS

- Ferry Aurora Botnia trip to Vasa, Finland, explore the Finnish archipelago by a super modern ice breaking ferry passing the Baltics in just 3 hours, gourmet buffé restaurant, full day round trip (unless you like to stay overnight). VISA might be needed for Americans and Canadians. https://www.wasaline.com/en/
- Ferry trip to Holmön “Swedish Sunniest place” with Lighthouse, restaurant and grocery store, 4 -8 hours. Link: https://visitholmon.com/
- Short ferry trip to Norrbyskär with museum of old time timber industry, restaurant. Marine sciensecenter in Norrbyn.4 - 6 hour. Norrbyskärs museum

- https://www.norrbyskar.se/language/en/ https://www.umu.se/en/umea-marine-sciences-centre/

- Mårdseleforsen, walking above scenic waterfall, half day. Link: https://www.lansstyrelsen.se/vasterbotten/besoksmal/naturreservat/mardseleforsen.html?sv.target=12.382c024b1800285d5863a8a9&sv.12.382c024b1800285d5863a8a9.route=/&searchString=&counties=&municipalities=&reserveTypes=&natureTypes=&accessibility=&facilities=&sort=none
- Bjuröklubb, scenic headland and lighthouse and café. Link: https://www.bjuroklubb.se/bjuroklubb/. Nice to combine with Northvolt Skellefteå; full day.
- Boat trip on sea to Bjuren island, Täfteå, Håkan Gustafsson
- City tour Umeå, unique city, example Designhögskolan
- Stornorrfors, Umeå, Swedens second largest power plant, Power plants: Stornorrfors - Vattenfall. Nice to combine with Klabböle power Plant museum.
- Sculpture park in Umedalen. About the park - https://umedalenskulptur.org/om-parken/
- Baggböle herrgård. Take a walk along Strandpromenaden. Take a look at the Arboretum Norr. www.arboretum-norr.se/en
- Brännlands värdshus, Soldiers cottage and Giant´s kettel, https://umealvdal.se/en/visiting-areas/brannland/#jattegrytor Walk down to the river where there is a Giant´s kettle in the bedrock made by sand, pebbles and water.
- Hamptjärnsstugan, outdoor café, close to the nature, link: https://www.hamptjarnsberget.se
- Fidodalen, Degersjön, nature reserve. https://www.lansstyrelsen.se/vasterbotten/besoksmal/naturreservat/degersjon
- Granö Beckasin, an unusual hotel in the deep forest of northern Sweden. Link: https://granobeckasin.com/en/
- Spåklämmet was a forest sami who lived in Granö. He was known for having supernatural powers. Granö Västerbotten - Spå-Clemet (grano.nu) https://www.grano.nu/grano-historia/spaa-klemmet
- Tegsnäset, a small village in Vindeln municipality. You find Vallakokerskan AB and our relative Erica Stenberg here who makes environmentally friendly ski valla. https://www.facebook.com/profile.php?id=100091133170202

  https://www.vallakokerskan.se/

- Olofsfors mill from the year 1762 is one of Sweden´s best-preserved industrial monuments and one of Västerbotten County´s biggest visitor destinations. Beaurtiful environment, children´s play path, café, guided torus, visit the mills museum or the watchmaking museum, shopping, exhibitions. https://olofsforsbruk.nu/
- Private tours, Independent touring / relaxing

MUSEUMS

- Guitars the museum, world famous exhibition of a private collection of more than 300 guitars. In Umeå city.
  Link: https://guitarsthemuseum.com/
- Bildmuseet. Free admission. Link: https://www.bildmuseet.umu.se/en/
- Klabböle Energicentrum, Umeå, power plant museum and picnic area, link: https://www.umeaenergi.se/om-oss/anlaggningar-och-platser/umea-energicentrum. Very nice to combine with Stornorrfors Power Plant
- Ancient living, Vindelns hembygdsgård, Local Heritage Museum.
  Link: https://www.visitvindeln.se/en/local-heritage-museum
- Ancient living, Västerbottens museum, Gammlia
  link: https://vbm.se/gammlia/
- Together Thusday July 15th: Gammlia - The Sami way of life, traditional clothing, taste reindeer meet, https://vbm.se/gammlia/
- Båtmuseet, Västerbottens museum / Gamlia, https://vbm.se/
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- Colera cemetery, Holmsund, 1-2 hours, easy walk,
  link: https://umealvdal.se/en/visiting-areas/holmen/
- Bildmuseet, https://www.bildmuseet.umu.se/
- Designhögskolan, https://www.umu.se/designhogskolan

LIVE MUSIC

- Musik vid kyrkstugan, Nydalasjön Umeå, 14 juli kl. 18
  https://www.svenskakyrkan.se/umea/kyrkstugan
- Sjöbris restaurant with live Rock'n roll style of live music
- Droskan restaurant with Blues and Rock'n roll and other styles of live music

- Music on the dock
- Snowflake singers, a capella choire
- Family Stensson (relatives) can sing and play
- Birch Town Singers music group (Lennart Stensson, Mikael Arevärn, Gunnar Järvholm)
- Swedish folk dance - Björkstalaget

BARBEQUE – POTLUCK - PICNIC

- Eating palt fried on muurikka outdoors. Those who have tried before appreciated it very much.
- Picnic style, bring and share food.
- More alternatives?

HANDICRAFTS

- Interested in buying memorabilia, example: Slöjdarnas hus, Slöjdbutik och Café vid Vindelälven, Vännäs - link: https://slojdarnashus.se/en/, Handelsgården link: https://handelsgarden.se/ , Hemslöjden, Skolgatan 49 Umeå https://www.facebook.com/hemslojdenumea/
- Weaving demonstration or discussion - presented using a floor loom
- Thin bread baking, visit a bakinghouse.
- Vallakokerskan, Tegsnäset. Our relative Erica makes ski wax for sustainable speed from start to finish with minimal footprint. https://www.facebook.com/profile.php?id=100091133170202

  https://www.vallakokerskan.se/
- Visit a Västerbotten farm

ADVENTURES, i.e: whitewater-rafting, moose farm etc

- Adventures, small and big, Home. Link: https://avenflykter.se/
- Rafting Vindeln river, full day. Link: https://visitumea.se/en/rafting-forsknackarna
- Visit Moose Farm in Bjurholm. Half day. Link: https://algenshus.se/?lang=en
- Canoe tour Sävar – Skeppsvik, 6 hours, easy. Link: https://www-xn----svarkanot--v2a-se.translate.goog/?_x_tr_sl=sv&_x_tr_tl=en&_x_tr_hl=sv
- Adventure Park https://en.zipadventurepark.com/

HIKING

- General nature hiking
- Kont/Ström/Simphamn, 4 – 8 hours, easy.
  Link: https://visitumea.se/en/stromback-kont
- Stockholmsgata, 4 - xx hours, medium.
  Link: https://www.lansstyrelsen.se/vasterbotten/besoksmal/naturreservat/stockholmsgata
- Dragonback, Bjurholm, 4 - xx hours, medium.
  Link: https://www.bjurholm.se/uppleva-och-gora/upptack-bjurholm/uppleva/aktiviteter-besoksmal/vandra/drakryggen
- Ten peaks Tavelsjö, 4 - 12 hours, medium. Tavelsjö ten peaks,
  link: https://visitumea.se/en/tavelsjo-ten-peaks-tio-toppar-tavelsjo
- National Park Björnriket, Bjurholm, full day, medium – tough.
  Link: https://visitfjallen.se/resmal/bjornrike-harjedalen/
- Short ferry trip to Norrbyskär with museum of old time timber industry, restaurant. 4 - 6 hours

AMUSEMENT

- Megazone: escape room, billiards, shuffleboard, darts, laser tag activities for youth people, 2-4 hours, link: https://megazone.se/
- Gocart motor race, close to Alvik airport, 2-4 hours,
  link: https://www.gokartumea.se/
- Try billiards, beginner or medium Telia, 2-4 hours. Ove Persson.
- Downtown walk, finding details (Gång-på-gång), 2-4 hours. Ove Persson.

ARCHEOLOGY

- Viking Ship launch, Mjösjön Yttertavle, 2-4 hours,
  link: https://avenflykter.se/sveriges-nordligaste-skeppssattning/
- Petroglyphs Norrfors, 2-4 hours,
  link: https://umealvdal.se/besoksomraden/norrfors/hallristningar/

INDUSTRY

If we are a group we can arrange a visit

- Rototilt in Vindeln, world class industrial high tech manufacturer with Caterpillar agreement, Half Day. Link: https://www.rototilt.com/
- Northvolt, innovative sustainable energy factory, Skellefteå.
  Link: https://northvolt.com/
- Komatsu Forest, Umeå. Link: https://www.komatsuforest.se/
- Ålö maskiner, Umeå. Link: https://quicke.se/

SCIENCE

- Umeå University. Link: https://www.umu.se/en/
- Curiosum for children, Curiosum Space, Dom teater etc. Link: https://www.curiosum.umu.se/
- Designhögskolan. Ranked as the fifth best in the world. Link: https://www.umu.se/en/umea-institute-of-design/
- Norrbyn Marina forskningscentrum, https://www.umu.se/umea-marina-forskningscentrum/

BIKING

- Rent a bike, orienteering by bike (Skoj-på-Hoj), 2 hours – full day, link: https://skojpahoj.umeaok.se/

GOLF

- Golf upon request to any of the 6 courses, Norrmjöle GK, Umeå GK, Umeå-Sörfors GK, Bjurholm GK, Robertsfors GK, Granö GK
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MINI GOLF and DISC golf

- Mini Golf – 3 tracks to choose among in Umeå
- Disc Golf (frisbee) – 2 tracks in Umeå
- Disc Golf (frisbee) – Skellefteå

SPORTS

- Play tennis or padel tennis/pickleball

SWIMMING AND BEACHES

- Kyrkstugan, a gem at Nydalasjön. Swim and Summercafé https://www.svenskakyrkan.se/umea/kyrkstugan
- Norrmjöle Havsbad, link: Norrmjöle havsbad - https://www.umea.se/upplevaochgora/idrottmotionochfriluftsliv/friluftslivochmotion/badplatser/norrmjolehavsbad.4.7d7d901172bb372c5d3ba7.html
- Nydala, lake or pool, link: Nydalabadet - https://www.umea.se/upplevaochgora/idrottmotionochfriluftsliv/friluftslivochmotion/badplatser/nydalabadet.4.7d7d901172bb372c5d3bb2.html
- Navet, indoor swimming, sauna and amusement for children. Link: https://navet.umea.se
- There are plenty of small lakes to swim in in the area.

LOCAL RESTAURANTS

- Kvarkenfisk, Täfteå nice to combine with Fishing village, Rovågern utanför Täfteå. Link: https://kvarkenfisk.se
- Skeppsvik Herrgård, Skeppsvik. Link: http://www.skeppsvik.se/
- Local ice cream producer, Glassbonden/Icecreamfarmer i Selet. Best in Sweden according to Motormännen. Link: https://glassbonden.se

DOWNTOWN RESTAURANTS

- Droskan, Storgatan, Umeå, link: https://droskan.se/
- A lot of restaurants downtown, link: https://visitumea.se/sv/restauranger-umea